



**Washoe County
School District**

COVID-19 Screening Tool

Current as of 8/17/22

COVID-19 Information
COVID-19 Testing Information
Symptomatic Staff ONLY

WashoeSchools.net/COVID19
WashoeSchools.net/COVID19testing
Employee Health Nurse
WashoeSchools.net/EHN or (775) 348-0338

1. Have you had any new or unusual symptoms in the last 24 hours? (even if you have been vaccinated and/or boosted)

① One (1) or more of the following symptoms:

- Fever (temperature $\geq 100.4^{\circ}\text{F}$ at rest)
- Respiratory symptoms (cough, shortness of breath, and/or difficulty breathing)
- New loss of smell or taste

— OR —

② Two (2) or more of the following symptoms:

- Chills
- Feeling cold and shivering
- Muscle pain or aches
- Headache
- Sore throat
- Extreme fatigue
- Nasal congestion
- Nausea
- Vomiting (*If only symptom, 48-hour exclusion**)
- Diarrhea (*If only symptom, 48-hour exclusion**)

* **48-hour Exclusion:** If vomiting or diarrhea is the only symptom, stay home 48 hours after the symptom stops without using medicine.

NO

2. Are you feeling healthy (no symptoms), but know that you have been in close contact with a person who has been diagnosed with COVID-19 while they were infectious? (includes anyone living in your household)

NO

You answered NO to all 3 questions. You do not have symptoms and have not been exposed.

- Go to school/work.
- Continue to monitor your health. If you begin to feel unwell or are notified of an exposure, use this tool and take action.
- Practice healthy habits and good hygiene.

YES
SYMPTOMATIC

If you answer YES to symptoms ① or ②:

(First day with symptoms is day 0.)

- Do NOT go to school/work.
- Communicate with your school/supervisor.
- Seek care from your healthcare provider, if needed.
- STAFF: Contact Employee Health Nurse (see above).
- If you test, wait 48 hours after symptoms began. If a laboratory test is negative and symptoms end, send lab results to school for return date.
- ISOLATE at home until all 3 conditions are met:
 - (1) 5 days have passed since symptoms began,
 - (2) No fever/diarrhea/vomit in last 24 hrs (no medicine),
 - (3) Other symptoms are improving.*Eligible to return on day 6, if 3 conditions above are met.*
- Wear fitted mask around others for next 5 days.
If you are not able or willing to wear a well-fitting mask, remain isolated at home for 10 days. You may return on day 11, if symptomatic conditions above are met.
- For moderate (difficulty breathing) or severe illness (hospitalization), talk with your healthcare provider and consider extend isolation through day 10.
- If your symptoms worsen after ending isolation, restart your isolation at day 0.

YES
EXPOSED

If you answer YES, you are a Close Contact.

- Carefully watch for symptoms.
If symptom(s) begin, move to the SYMPTOMS box above.
- Avoid being around anyone with a compromised immune system.
- Follow CDC guidance: Consider wearing well-fitting mask for 10 days and test for COVID-19 on day 5.

WCSD will no longer identify COVID-19 contact contacts within schools. When school are notified that a person attended while infectious, general notifications are sent to the school community, per Mitigation Plan. Individuals contacted by Washoe County Health District regarding isolation/quarantine must follow instructions.

Updated 8/17/22